The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-877-441-1212. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.dol.gov/ebsa/healthreform or call 1-877-441-1212 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	$300 person / $600 family. The overall deductible period is July 1 through June 30. Does not apply to all services. Also, copayments, coinsurance and balance-billed charges do not count toward the deductible.	Generally, you must pay all of the costs from provider up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible?	Yes. Covered preventive care services provided by a Preferred Provider.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	Network Providers: $2,300 person / $4,600 family (including the overall deductible); No limit for out-of-network providers. Prescription Drugs: $4,300 person / $8,600 family. The out-of-pocket limit period is July 1 through June 30.	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges, health care this plan doesn't cover, dental services, vision services, alternative provider benefits, expenses in excess of usual, customary and reasonable (UCR), benefits for foot orthotics, coinsurance and copays for services from non-preferred providers or hospitals, and expenses in excess of Plan limits.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you	Yes. Actives and Non-Medicare only: See	This plan uses a provider network. You will pay less if you use a provider in

Important Questions	Answers	Why This Matters:
use a network provider?	www.premera.com for a list of network providers (BlueCard PPO). For SwiftMD call 1-833-794-3863 or visit SwiftMD.com. For BridgeHealth see www.bridgehealth.com or call 1-800-680-1366 (AK residents only). For Coalition Health Center see www.coalitionhealthcenter.com or call (907) 450-3300 (Fairbanks clinic – Alaska residents only).	the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services. Participants will only be liable for the in-network cost share for non-network emergency services, non-network providers at in-network facilities, and non-network air ambulance services.
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.

 All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	20% coinsurance	30% coinsurance	$20 copay/visit per person (waived for preventive) $50 maximum copayment if 3 or more family members visit the clinic at the same time and receive services at the Fairbanks Coalition Health Center (CHC). Deductible waived at the CHC. Deductible and copay waived for SwiftMD. Alternative providers: registered certified hypnotherapists, acupuncturists, registered dietitians, certified nutritionists are limited to a 50% coinsurance to a maximum of $50 per visit and $300 per year and do not count toward the out-of-pocket limit. Services of alternative providers are eligible only if they are covered expenses under the plan.
	Specialist visit	20% coinsurance	30% coinsurance	None
	Preventive care/screening/ immunization	No Charge Deductible does not apply.	30% plus charges in excess of PPO allowed amount or the UCR amount	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray,	20% coinsurance	30% coinsurance	Preauthorization is required for certain genetic

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	blood work)	No cost for charges in connection with ACA preventive services		testing.
	Imaging (CT/PET scans, MRIs)	20% coinsurance	30% coinsurance	Preauthorization is recommended for some imaging services to determine medical necessity.
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.optumrx.com.	Generic drugs	$10 copay/prescription at retail $20 copay/ prescription for mail order	$10 copay/prescription at retail $20 copay/ prescription for mail order	Covers up to a 34-day supply (retail prescription): 35 – 90-day supply (mail order prescriptions). Prescription drugs purchased out-of-network must be paid in full and member must file claim. Out-of-pocket limit for covered prescription drugs is $4,300 person/$8,600 family.
	Preferred brand drugs	$25 copay/prescription at retail $40 copay/ prescription for mail order	$25 copay/prescription at retail $40 copay/ prescription for mail order	
	Non-preferred brand drugs	$40 copay/prescription at retail $60 copay/ prescription for mail order	$40 copay/prescription at retail $60 copay/ prescription for mail order	
	Specialty drugs	Same as the generic/brand benefit	Same as the generic/brand benefit	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	30% coinsurance	Preauthorization is required for certain outpatient surgeries and is strongly recommended for all outpatient surgeries.
	Physician/surgeon fees			
If you need immediate medical attention	Emergency room care	$75 copay/visit + 20% coinsurance	$75 copay/visit + 20% coinsurance	Copay waived if an accident or of admitted.
	Emergency medical transportation	20% coinsurance	20% coinsurance	None
	Urgent care	20% coinsurance	30% coinsurance	None
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	$100 copay/visit + 30% coinsurance	Preauthorization is required for inpatient hospital stays.
	Physician/surgeon fees	20% coinsurance	30% coinsurance	
If you need mental health, behavioral	Outpatient services	20% coinsurance	30% coinsurance	Providers must be approved or certified in the state in which they practice.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
health, or substance abuse services	Inpatient services	20% coinsurance	$100 copay/visit + 30% coinsurance for use of non-preferred hospital	Preauthorization is required for inpatient treatment.
If you are pregnant	Office visits	20% coinsurance	30% coinsurance	Benefits for member and spouse only except for certain preventive screenings. No childbirth/delivery services for dependent daughter. Cost-sharing does not apply for preventive services. Depending on the type of services, a copayment or coinsurance may apply.
	Childbirth/delivery professional services	20% coinsurance	30% coinsurance	
	Childbirth/delivery facility services	20% coinsurance	30% coinsurance	
If you need help recovering or have other special health needs	Home health care	20% coinsurance	30% coinsurance	Preauthorization is required. Limited to 130 visits per calendar year.
	Rehabilitation services	20% coinsurance	30% coinsurance	Preauthorization is required. Outpatient physical occupational and speech therapy limited to 20 visits per condition per calendar year if unrelated to a mental health condition.
	Habilitation services	20% coinsurance	30% coinsurance	
	Skilled nursing care	20% coinsurance	30% coinsurance	Preauthorization is required for inpatient admissions.
	Durable medical equipment	20% coinsurance	30% coinsurance	Preauthorization is required for certain items.
	Hospice services	20% coinsurance	30% coinsurance	Covered to a maximum of 6 months of combined inpatient and outpatient hospice care. Preauthorization is required.
If your child needs dental or eye care	Children's eye exam	$20 copay for exam and/or glasses	Fees in excess of benefit schedule	Vision coverage provided through Vision Service Plan (www.vsp.com). Limited to one exam once every 12 months and one set of lenses every 12 months and one frame or contact lenses every 24 months. Charges from a non-VSP doctor must be paid in full and member must file a claim. Vision services does not apply toward the out-of-pocket limit.
	Children's glasses	$20 copay for exam and/or glasses	Lenses and frames – fees in excess of benefit schedule	
	Children's dental check-up	Fees in excess of benefit schedule	Fees in excess of benefit schedule	Limited to once every 6 months. Benefits listed apply only to active participants. Retirees must elect dental through Delta Dental at time of retirement or at annual open enrollment.

Excluded Services & Other Covered Services:

* For more information about limitations and exceptions, see the plan or policy document at www.engineerstrust.com.

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)		
• Cosmetic Surgery (except to repair injury or congenital defect) • Infertility Treatment • Long-term Care	• Childbirth/delivery expenses for pregnant dependent children. • Routine Foot Care • Services that could be covered by Medicare (only applies to persons eligible to enroll in Medicare, but failed to do so)	• Services or treatment which is not medically necessary or is experimental or investigational • Weight Loss Programs • Work related injury or illness

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)		
• Acupuncture • Bariatric Surgery (must meet all plan requirements) • Chiropractic Care (limit to 20 visits per year)	• Dental Care (Adult – Active plan only) • Hearing Aids (limits apply) • Non-emergency care when traveling outside the U.S.	• Private-Duty Nursing (if medically necessary) • Routine Eye Care (Adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform and Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. You may also contact the Trust Administration Office at 1-877-441-1212.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-441-1212.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-441-1212.

*To see examples of how this **plan** might cover costs for a sample medical situation, see the next section.*

* For more information about limitations and exceptions, see the plan or policy document at www.engineerstrust.com.

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost-sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

The plan's overall deductible	$300
Specialist *coinsurance*	20%
Hospital (facility) *coinsurance*	20%
Other *coinsurance*	20%

This EXAMPLE event includes services like:
Specialist office visits *(prenatal care)*
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests *(ultrasounds and blood work)*
Specialist visit *(anesthesia)*

Total Example Cost	$12,700

In this example, Peg would pay:

Cost Sharing	
Deductibles	$300
Copayments	$10
Coinsurance	$2,000
What isn't covered	
Limits or exclusions	$60
The total Peg would pay is	$2,370

Managing Joe's Type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	$300
Specialist *coinsurance*	20%
Hospital (facility) *coinsurance*	20%
Other *coinsurance*	20%

This EXAMPLE event includes services like:
Primary care physician office visits *(including disease education)*
Diagnostic tests *(blood work)*
Prescription drugs
Durable medical equipment *(glucose meter)*

Total Example Cost	$5,600

In this example, Joe would pay:

Cost Sharing	
Deductibles	$300
Copayments	$500
Coinsurance	$300
What isn't covered	
Limits or exclusions	$20
The total Joe would pay is	$1,120

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

The plan's overall deductible	$300
Specialist *coinsurance*	20%
Hospital (facility) *coinsurance*	20%
Other *coinsurance*	20%

This EXAMPLE event includes services like:
Emergency room care *(including medical supplies)*
Diagnostic test *(x-ray)*
Durable medical equipment *(crutches)*
Rehabilitation services *(physical therapy)*

Total Example Cost	$2,800

In this example, Mia would pay:

Cost Sharing	
Deductibles	$300
Copayments	$80
Coinsurance	$500
What isn't covered	
Limits or exclusions	$0
The total Mia would pay is	$880

The plan would be responsible for the other costs of these EXAMPLE covered services.